

## March Food \$en\$e

### What is it?

Food sense offers the opportunity to stretch your food budget by purchasing quality food at a discount. No donated food is used in this program.

### Who is Eligible?

Anyone who needs to stretch their food dollars can participate!

### What is in the box?

Ten to twelve food items including fresh fruits and vegetables, meats, and grocery staples. Every month is different.

**March Package (\$20.50)** Pork Tenderloin, 1.7 lb. (avg.), Chicken Drumsticks, 3.25 lb. (avg), Tilapia Fillets, 1 lb., Ground Turkey, 1 lb., Apple Chicken Sausage, 1 lb., Stuffed Rigatoni, 12 oz., Frozen Carrots, 1 lb., Mixed Veggies, 15 oz., Elbow Macaroni, 1 lb., Mandarin Oranges, 11 oz., Fresh Produce #1, Fresh Produce #2

### The Specials that may be purchased separately for March are:

- **Spiral Ham, 9 lbs. (avg) for \$13.50:** The spiral hams average between 8 and 10 pounds per special.
- **Crab Rangoon's, 11 oz. for \$5.00:** The crab Rangoon can be cooked in the oven or air-fryer.
- **Chicken Alfredo, 24 oz. for \$6.00:** The chicken alfredo is a complete meal with penne pasta, vegetables & grilled white meat chicken, with a creamy alfredo sauce.
- **Stuffed Pork Chops, 2 lbs. for \$8.50:** The pork chops are stuffed with apples and cranberries.
- **American Cheese, 5 lbs. for \$14.00:** The sliced American cheese is not individually wrapped.
- **Chicken Wings, 5 lbs. for \$9.00:** The chicken wings are ready for the air-fryer or oven and are in a re-sealable bag.

**Pick-up date: Friday, March 24<sup>th</sup>, 2023.** Please remember sites CANNOT hold any packages after the scheduled pickup time. If you have a conflict, plan for someone else that can pick it up. (Canastota, Drive Thru 2:00-2:30, Morrisville, P/U 3:00-3:15, Hamilton, P/U 3:30-3:45, Cazenovia, P/U 3:30-3:45.)

**Orders and payments are due by Thursday, March 9<sup>th</sup>, 2023. PAYMENT accepted is Cash, Check, or EBT cards.** Contact Madison County Office for the Aging if you want to purchase a package at (315)-697-5700. **You must call to place an order;** checks are to be made out to Madison County Office for The Aging, 138 Dominic Bruno Blvd., Canastota, NY 13032.

